



IMPORTANT INFORMATION 2026

ADDITIONAL IMPORTANT INFORMATIONS FOR PARTICIPANTS AND COMPANIONS

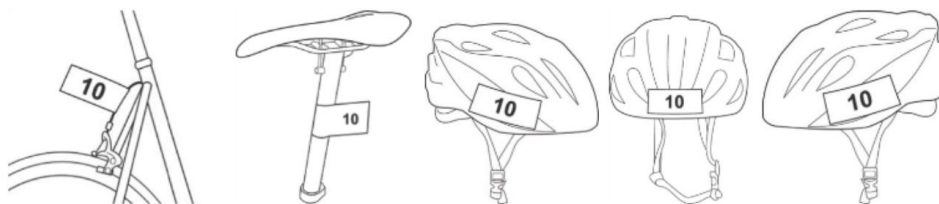
The Challenge-forALL/Junior-Challenge-team points out that the participation in the race briefing is mandatory for every participant. This briefing will provide a current status of important rules, current risks, and any changes of the competition route.

In general, please pay attention to all instructions given by referees and all other official assistants & volunteers. Violations may be penalized by the competition jury in accordance with the DTU Competition Rules, in particular by a warning, a time penalty, or— in cases of serious violations—disqualification.

- 1) Regarding the official German traffic regulations (StVO) and the DTU Competition Rules, the police and THW will set traffic cones and markers along the course, supported by clearly identified official assistants.
- 2) The hazardous section of the underpass of the Allersberger Straße will be used in one direction only. Overtaking is prohibited from the beginning of the underpass, along the cycle course to the public pool area, until the dismount line in front of the transition area.
We would like to expressly draw attention to the dismount and mount zone. Two-way traffic is present in this area up to the area gate, and all participants must keep to their designated side of the paved path. The turnaround points will be staffed by official assistants and marked with traffic cones, which participants must pass and ride around.
- 3) The following requirements imposed by the local authority are binding for the competition, particularly for the cycling segment:
 - a. Participants and drivers of official escort vehicles are required to observe the provisions of the German Road Traffic Regulations (StVO) at all times, particularly the obligation to keep to the right.
 - b. The use of an approved cycling helmet is mandatory while cycling. Participants must comply with the German Road Traffic Regulations (StVO). Non-compliance will result in disqualification.
 - c. Equipment that does not comply with the regulations or is deemed unsafe may be challenged by the race officials. Any violations may be sanctioned in accordance with the DTU Competition Rules.
- 4) Additional information regarding the bicycle and cycling equipment:
 - a. Each participant is personally responsible for starting the race with equipment that is in perfect technical condition and roadworthy, and in a condition that does not endanger other persons. The bicycle must be powered solely by human muscular effort. Every bicycle must be fitted with separate, independently operated front and rear brakes.
 - b. The cycling helmet must be approved for cycling, properly fitted, undamaged, and worn with the chin strap fastened at all times. The helmet must be fastened from the moment the bicycle is first handled until it is returned to its designated position in the transition area. Helmet compliance checks will be conducted during bike check-in.
 - c. During the race, arm rests and triathlon aerobars are permitted, provided that they do not extend beyond the leading edge of the front wheel and do not cover the rider's arms from above. All handlebar tube ends must be securely plugged or capped.

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- d. The use of disc brakes is permitted. Disc wheels are generally allowed but may be prohibited by the race director on safety grounds under extreme weather conditions. Mirrors attached to either the bicycle or the helmet is prohibited.
 - e. Drinks, nutrition, tools, spare parts, and any other containers may only be carried if they are securely attached to the bicycle. Glass bottles and other breakable containers are not permitted. A maximum of two bottles, each with a capacity of up to 1 liter, may be mounted at the rear of the bicycle. Integrated hydration systems within the frame may have a total capacity of no more than 2 liters. Containers mounted on the top tube may extend along the full length of the top tube but must not protrude more than 10 cm above its upper surface and must not be wider than the top tube itself. Bottles, mounts, or containers attached to the handlebars or arm rests must comply with the DTU Competition Rules; in particular, they must not cover the rider's arms from above. During the race, no part of the body may be rested on bottles, storage boxes, mounts, or any other containers.
 - f. Carrying containers on the body, as well as inserting or attaching objects to clothing on the arms or legs, is not permitted. Nutrition, inner tubes, and similar items may be carried in the designated rear pockets of the competition clothing, provided that this does not create a safety hazard or an impermissible aerodynamic fairing. Cameras mounted on the bicycle or helmet may only be used with the explicit permission of the race authority.
 - g. In accordance with DTU Competition Rules, drafting is prohibited at our event. Riding in the slipstream of, or alongside, another participant is not permitted. Participants must actively reject any attempts by others to draft behind them. Any participant who does not clearly demonstrate compliance with these regulations shall be subject to a time penalty and, where appropriate, disqualification. Riding continuously side by side is also prohibited. Instructions issued by race officials regarding staggered riding formations must be followed in accordance with the German traffic regulations (StVO).
- 5) During the cycling and running segments, the minimum clothing requirements prescribed by the DTU Competition Rules must be observed. These consist of either a one-piece race suit or a combination of a top and shorts. One-piece race suits must be worn properly as an upper garment, covering both shoulders at all times.
- 6) Each participant is responsible for their own identification through the race number. Race numbers must be displayed clearly and visibly on the body, competition clothing, bicycle frame, and helmet.
- a. Participants will receive their race numbers (race bib and adhesive number stickers) along with the timing transponder during registration (please refer to the registration hours).
 - b. Upper-arm race number markings will be provided at registration and must be visible while swimming. The race bib must not be worn during the swim.
 - c. The race bib must be worn visibly on the back during the cycling segment and visibly on the front during the running segment.
 - d. The bikes & helmets (with already attached race numbers) have to be placed in the transition area during the official check-in times.



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- 7) After the checkpoint at the bike check-in, the participant must place their bicycle and helmet in their assigned space within the transition area. All other equipment may also be deposited at the time of check-in before the first start on the race days (Friday until 5:00 p.m.; Saturday until 8:00 a.m.).
- 8) In the transition area, you will find a stand for your bike and a box beside for your belongings with your start number. There you have to place your clothes for cycling & running – either during check-in time or before the first start of the day (Friday until 5:00 p.m.; Saturday until 8:00 a.m.). The clothes for changing can be left in the boxes besides your bike in the transition area.
- 9) Directly at the bike, you can leave your shoes clicked on (w/o socks), your helmet, the start number and eventually (sun-) glasses. No other accessories are allowed at the bike.
- 10) It is not allowed to unpack the boxes in the transition area or to place any of your other equipment (e.g. towels) outside the box. The referees and other official assistants are authorized to remove equipment beside the boxes immediately. Any violation may be subject to a penalty.
- 11) On both competition days, you have to leave the changing zone immediately after the bike-check-in.
- 12) In general, parents, companion and supervisor are not allowed to entry the transition area.
- 13) Following the cycling segment, participants are responsible for returning and racking their own bicycles. Bikes will not be collected or handled by race assistants in the transition area.
- 14) In accordance with the DTU Competition Rules, maximum rollout distances are prescribed for both individual and relay participants in the age groups Pupil A–C and Youth B. The rollout distances will be checked by race officials during check-in. The relevant classification is determined by the participant's age group based on year of birth. The rollout distance/gear ratio is defined as the distance a bicycle travels in the highest gear during one complete crank revolution. The bicycle's rollout distance must be set independently by the participant (Youth B, Pupil A–C) in advance (please note: no bike service will be available onsite).

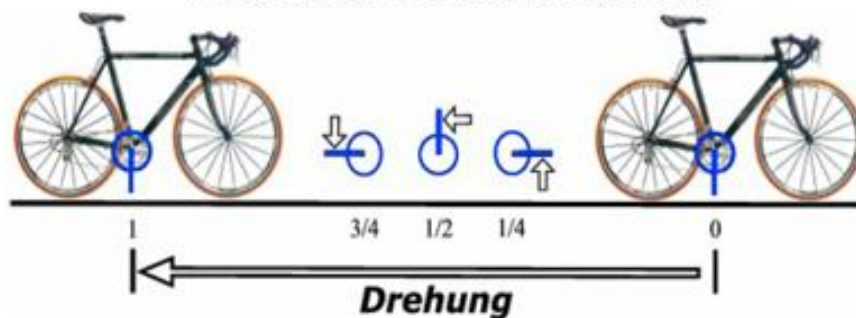
Kampfrichter-Arbeitsblatt

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Ermittlung der Abrolllänge

(Triathlon Ausgabe 1/2002)

Quelle: <http://www.tbegemann.de/kado.htm> Abrolllänge feststellen



Age group	Age	Max. circumference
Youth B	14-15	6,20 m
Pupil A	12-13	5,70 m
Pupil B	10-11	5,70 m
Pupil C	8-9	5,70 m

If the bicycle does not meet the prescribed requirements, the participant may still be allowed to start; however, they will compete out of competition (timing recorded: yes; ranking and official results: no).

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- 15) Every participant receives a transponder for identification and time-taking, which has to be worn at the foot link during the race. The transponder is borrowed property and must be returned. In case of loss, a payment of 25 € is due and the transponder can only be returned behind the finish line after the competition.

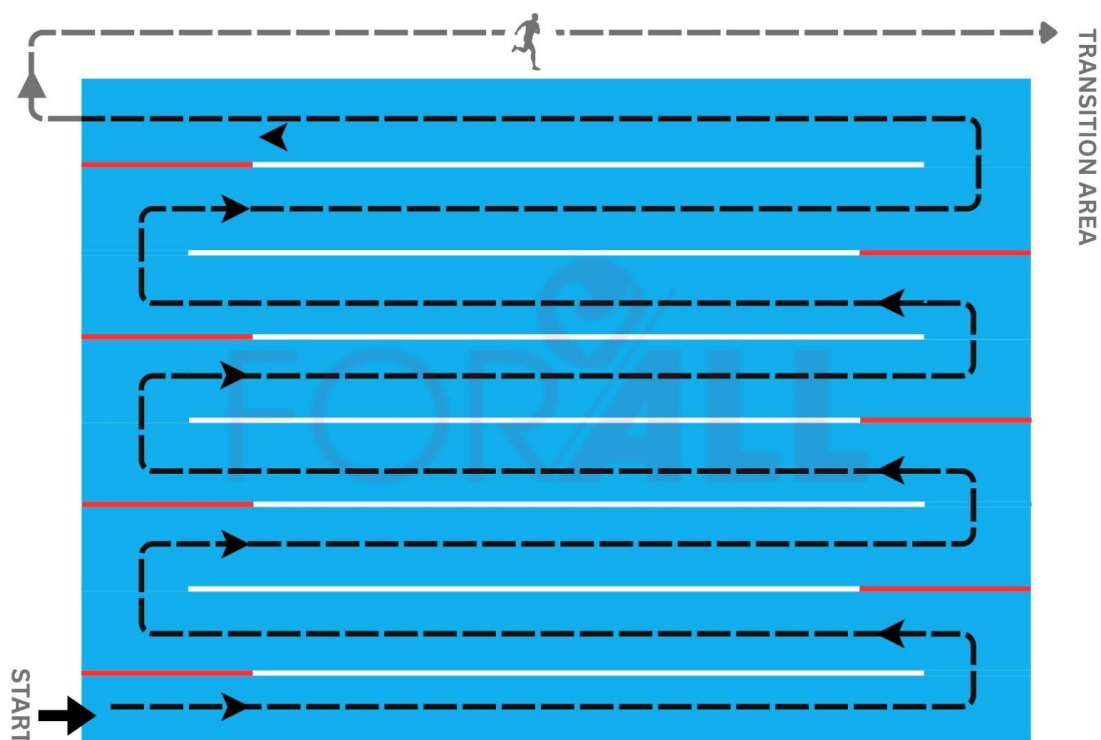


- 16) Should a participant decide to discontinue the competition during the event, they must immediately notify a race assistant or a referee.
- 17) Accompanying participants on the race course, particularly during the cycling or running segments, is strictly prohibited. Exceptions may only be granted in justified cases.
- 18) Headphones, in-ear devices, and similar equipment are not permitted during the entire competition. Smartwatches may be used as a watch or to display personal performance data; however, they must not be used for making phone calls, sending or receiving messages, playing music, taking photos or videos, or accessing social media.
- 19) Waste, cups, bottles, gel packaging, and any other items may only be disposed of in the designated aid station or litter zones. Discarding items outside these zones is prohibited and may be penalized in accordance with the DTU Competition Rules.
- 20) The final start times for every race group/competition will be available on our website after the registration deadline (approximately two weeks before the start). Publication will be announced via our social media channels on Facebook and Instagram.
- 21) Please note: Bicycles can only be removed from the transition area after the last race of the respective competition day has finished, so as not to endanger participants who are still on the course.

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ADDITIONAL INFORMATION BEFORE SWIMMING 2026

Swim: Relay-Sprint on Friday, July, 3rd 2026

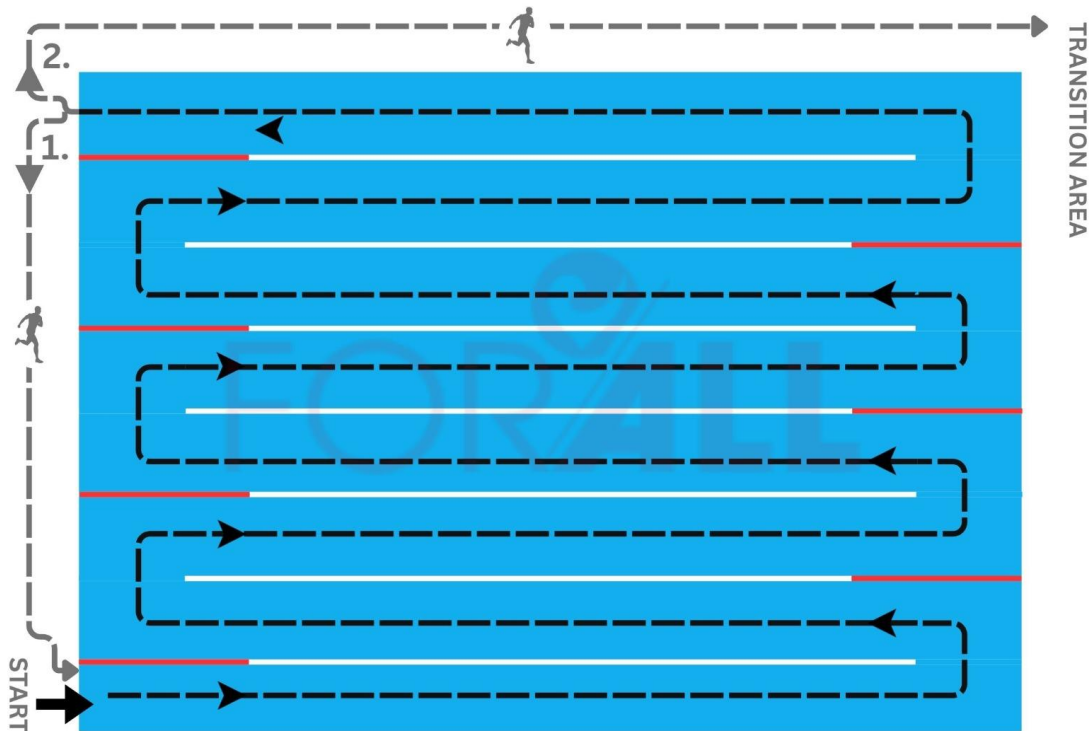


Challenge-forALL - Sprint Staffel - 400m

- Participants must swim **1 lap of 0.4 km**.
- The swim takes place in 50 m lanes separated by lane ropes.
- The start will be an individual start with approximately 8 seconds between athletes ("rolling start").
- Athletes start in lane 1 and proceed lane by lane up to lane 8.
- At each turn, the edge of the pool must be touched.
- Failure to touch the pool edge will result in disqualification.
- Participants must bring their own swim caps.

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Swim: Single-Sprint on Friday, July, 3rd 2026



Challenge-forALL - Sprint Einzel - 800m

- Participants must swim **2 laps of 0.4 km** each, with a short exit from the water between laps.
- The swim takes place in 50 m lanes separated by lane ropes.
- The start will be an individual start with approximately 5 seconds between athletes ("rolling start").
- Athletes start in lane 1 and proceed lane by lane up to lane 8; after a short exit from the water, the second lap begins again at the starting point. Race officials will ensure an unobstructed re-entry into the pool.
- At each turn, the edge of the pool must be touched.
- Failure to touch the pool edge will result in disqualification.
- Participants must bring their own swim caps.

Swim: All other competitions on Saturday, July 4th 2026

- For the competitions on Saturday (Fitness/Family & Friends relay, Youth B, Pupil A–D), participants will start in a mass start within their assigned swim lanes.
- Participants are responsible for counting their own completed lengths.
- At each turn, the edge of the pool must be touched.
- Insufficient number of swimming laps completed or failure to touch the pool edge will result in disqualification.



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ADDITIONAL INFORMATION BEFORE RUNNING 2026

Run: Competitions on Friday, July, 3rd 2026

- New this year, the running course is a 5 km out-and-back course (see course information for the running route on our website).
- After the start, runners leave the public pool area through the rear gate. The course then continues alongside the Roth stream, followed by a section of the original DATEV Challenge Roth course, before turning right towards the turning point and into the forest.
- Shortly before the turning point, there is an aid station with water (on both sides of the course) and the option for self-service nutrition. The designated “littering zone” is located 50 m before and 50 m after the aid stations. Please make sure to use the provided bins. Please make sure to use the provided bins.
- At the turning point, athletes’ race numbers will be recorded.
- The return route initially follows the same path, then leads towards the finish via the turnstile at the side entrance of the public pool area, before entering the finish area.

Run: Competitions on Saturday, July, 4th 2026

- The running course on Saturday is largely identical to previous years.
- At the beginning, there is an aid station with water. Please make sure to use the provided bins.
- 2.5 km course: Runners leave the swimming pool through the rear gate and turn left, completing one lap alongside the Roth stream. The route towards the finish then leads through the turnstile at the side entrance of the swimming pool before entering the finish area inside the pool.
- 1 km course: Runners leave the swimming pool through the rear gate and turn right, following an out-and-back course. The route towards the finish then leads through the turnstile at the side entrance of the public pool before entering the finish area.
- 400 m / 200 m course: Athletes complete a marked lap within the public pool area.



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OPENING HOURS OF REGISTRATION / REGISTRATION DESK

You get your race documents at the registration point 'Anmeldung' at the public pool area: Freizeitbad Roth (Friedrich-Wambsganz Straße 2) during the following opening hours:

SPRINT Single & SPRINT Relay: Friday, July 3rd, 2026, **3-5 p.m.** („Priority Check-In“)

All other competitions: Friday, July 3rd, 2026, **5:15 - 8 p.m.**

AND

Saturday, July 4th 2026, 2026, 6:00 – 8:00 a.m.

Registration & transition zone will close at 8 a.m.

Exception: Pupil D (only swim & run) can register and check-in until 11:30 a.m. on Saturday

IMPORTANT INFORMATION FOR THE RELAY RACES

Each relay team receives ONE timing transponder. This transponder also functions as a relay baton and must therefore be handed over between team members. There is no area for storing clothing deposited before the start; each starter is solely responsible for their own belongings.

Swimmer: Transition to cycling: The transponder must be handed over to the cyclist in the relay exchange area (designated area in the transition zone). The handover must take place exclusively within this area.

Cyclist: Transition to running: The transponder must be handed over to the runner in the relay exchange area (designated area in the transition zone). The handover must take place exclusively within this area.

Note: For relay cyclists in the age groups Pupil D-A and Youth B, the prescribed maximum rollout distances according to the DTU Competition Rules apply. The relevant classification is determined by age group based on year of birth (see point 14).

Runner: Return of the transponder in the finish area.

Meeting point: The relay meeting point for the finish is located approximately 300 meters before the finish area and will be set up as a “meeting point for relays”.

Post-finish nutrition: Food and refreshments will be provided in the finish area for all relay participants.